



11<sup>th</sup>

# Adriatic CCN\*

11<sup>th</sup> Course of Clinical Nutrition

April 17<sup>th</sup> - 19<sup>th</sup> 2015 / Dubrovnik, Croatia

## PROGRAM

\*Club of Clinical Nutrition



Croatian Society  
of Clinical Nutrition



Croatian Medical  
Association



### **School Venue**

Inter-University Centre Dubrovnik  
An Independent International Centre for Advanced Studies  
Don Frana Bulića 4  
HR-20000 Dubrovnik, Croatia  
[www.iuc.hr](http://www.iuc.hr)

### **Official language**

English

### **Local Organizing Committee**

Prof. Željko Krznarić, MD, PhD  
Asst.Prof. Darija Vranešić Bender, BSc, PhD  
Dina Ljubas Kelečić , MPharm

### **Contact**

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## 9:00 – 16:00 Optimal Nutritional Care For All – ONCA Strategic Meeting

**Countries in focus:** Croatia, Germany, Turkey and Spain

**Observer countries:** France, Israel, Poland and Slovenia



The European  
Nutrition for Health Alliance

## 11<sup>th</sup> Course of Clinical Nutrition – ACCN

### Arrival and accommodation

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#### 15:30 – 16:30 Registration

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#### 16:30 – 17:00 Opening

Welcome to Croatia: Željko Krznarić (ACCN)

Greetings from ESPEN Executive Committee: Rocco Barazzoni (Italy)

Greetings from ESPEN ECP Committee: Remy Meier (video clip)

Adriatic Club of Clinical Nutrition: overview of activities and achievements: Željko Krznarić (ACCN)

#### Chair

17:00 – 17:20 History Highlights of Nutrition: Marina Panišić (Serbia)

17:20 – 17:40 Malnutrition: never ending story: Mehmet Uyar (Turkey)

17:40 – 17:55 Optimal Nutritional Care for All: Frank de Man (ENHA)

17:55 – 18:15 LLL Global nutritional education programs:  
Regina Komsa (Bulgaria)

#### 18:15 – 18:45 Coffee break

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18:45 – 19:05 Obesity paradox: Rocco Barazzoni (Italy)

19:05 – 19:25 Assessment of nutritional status: is there a gold standard?:  
Liana Poulia (Greece)

19:25 – 19:45 Nutrition and physical activity: Nada Rotovnik Kozjek (Slovenia)

#### 20:30 Dinner

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# Saturday 18<sup>th</sup> April 2015

## Chair

- 08:50 – 09:10** Food and Gastrointestinal Diseases: Alastair Forbes (Great Britain)  
**09:10 – 09:30** Microbiota, intestinal barrier, and metabolic diseases:  
Stephan Bischoff (Germany)  
**09:30 – 09:50** What is the place of fibres in enteral nutrition?:  
Stephane Schneider (France)

## 9:50 - 10:15 Break

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### APPROACH TO ENTERAL NUTRITION

- 10:15 – 13:45** Approach to oral and enteral nutrition in Adults  
**10:15 – 10:35** Indications and Contraindications of Enteral Nutrition: Željko Krznarić  
**10:35 – 10:55** Oral and Sip Feeding: Alastair Forbes  
**10:55 – 11:15** Techniques of Enteral Nutrition: Aida Saray  
**11:15 – 11:35** Formulae for Enteral Nutrition: Darija Vranešić Bender

## 11:35 - 12:00 Coffee break

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- 12:20 – 12:40** Case report I. Alastair Forbes  
**12:40 – 13:00** Case report II. Aida Saray  
**13:00 – 13:45** Test and remarks

## 13:45 – 14:45 Lunch

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- 15:00 – 15:20** Electrolyte metabolism and nutrition – metabolic approach:  
Lubos Sobotka  
**15:20 – 15:40** Nutrition support team: Regina Komsa (Bulgaria)  
**15:40 – 16:00** Sarcopenia and frailty – how do they interact with nutrition?:  
Tommy Cederholm (Belgium)  
**16:00 – 16.20** Cancer cachexia – guidelines for nutritional support:  
Maurizio Muscaritoli (Italy)

## Dubrovnik City Break

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## 20:00 Dinner

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## APPROACH TO PARENTERAL NUTRITION (PN)

- 08:30 – 08:50** Indications and Contraindications for Parenteral Nutrition:  
Kalina Stardelova
- 08:50 – 09:10** Techniques of Parenteral Nutrition: Triin Jacobson Forbes
- 09:10 – 09:30** Compounding, Drugs and Nutritional Admixtures in Parenteral Nutrition: Dina Ljubas Kelečić
- 09:30 – 09:50** Monitoring and Complications of Parenteral Nutrition:  
Gintautas Kekstas

## 09:50 – 10:20 Coffee break

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- 10:20 – 10:40** Case report I. Gintautas Kekstas
- 10:40 – 11:00** Case report II. Triin Jacobson Forbes
- 11:00 – 11:45** Test and remarks

## Chair

- 12:00 – 12:30** Take home message - A Mediterranean approach:  
Darija Vranešić Bender, Dina Ljubas Kelečić, Željko Krznarić
- 12:30 – 13:00** Test/evaluation and final remarks:  
Željko Krznarić, Marina Panišić, Alastair Forbes

## Closing the Course / Departure

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## Food to Go

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# This Course is an homage to our dear friends and teachers



Prof.  
**Marek  
Pertkiewicz**  
(1947 - 2013)

Marek Pertkiewicz was born in 1947 and completed his medical studies in 1971. He worked in the Department of General and Gastrointestinal Surgery of Warsaw Medical University until year 2003 when he established there his own Department of Surgery and Nutrition. Marek was with ESPEN from its inception. His first formal activity in ESPEN was the ESPEN Basic Course, held annually in the "Eastern countries" starting in 1989, on a rotational basis in Hungary, Czechoslovakia, Croatia and Poland.

Marek Pertkiewicz was a doyen in the field of clinical nutrition and a very important person with a huge impact and immense contribution in the founding of the ACCN. He was supporting all of us from the very beginning of Adriatic Club and was a great teacher and friend of the ACCN.

In Poland he was the driving force of the Polish Society for Parenteral and Enteral Nutrition for decades, he created together with his colleagues. For many years he was President of the Society. He was also a member of the Polish Academy of Sciences, and clearly had a major influence on the education of Polish doctors in all aspects of malnutrition.



Prof.  
**Herbert  
Lochs**

(1947 - 2013)

Herbert Lochs was involved in ESPEN activities for many years and was appointed as ESPEN Honorary member regarding his outstanding involvement in ESPEN and the field of Clinical Nutrition. He was a global leading expert in IBD, gastrointestinal oncology, hepatology and nutrition. Herbert supported the Croatian Society of Enteral and Parenteral Nutrition from the very beginning.

Besides remarkable publications in the field of Clinical Nutrition and Gastroenterology he greatly participated in publishing Guidelines.

From 1994 to 2009 he was Director of the Department of Gastroenterology and Hepatology in the prestigious Charité Hospital in Berlin. From 2009-13 he was the President of the Faculty of Medicine in Innsbruck. Herbert Lochs was worldwide recognized as an excellent lecturer and teacher. His contribution for ESPEN was exceptionnal.



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