

Alliance

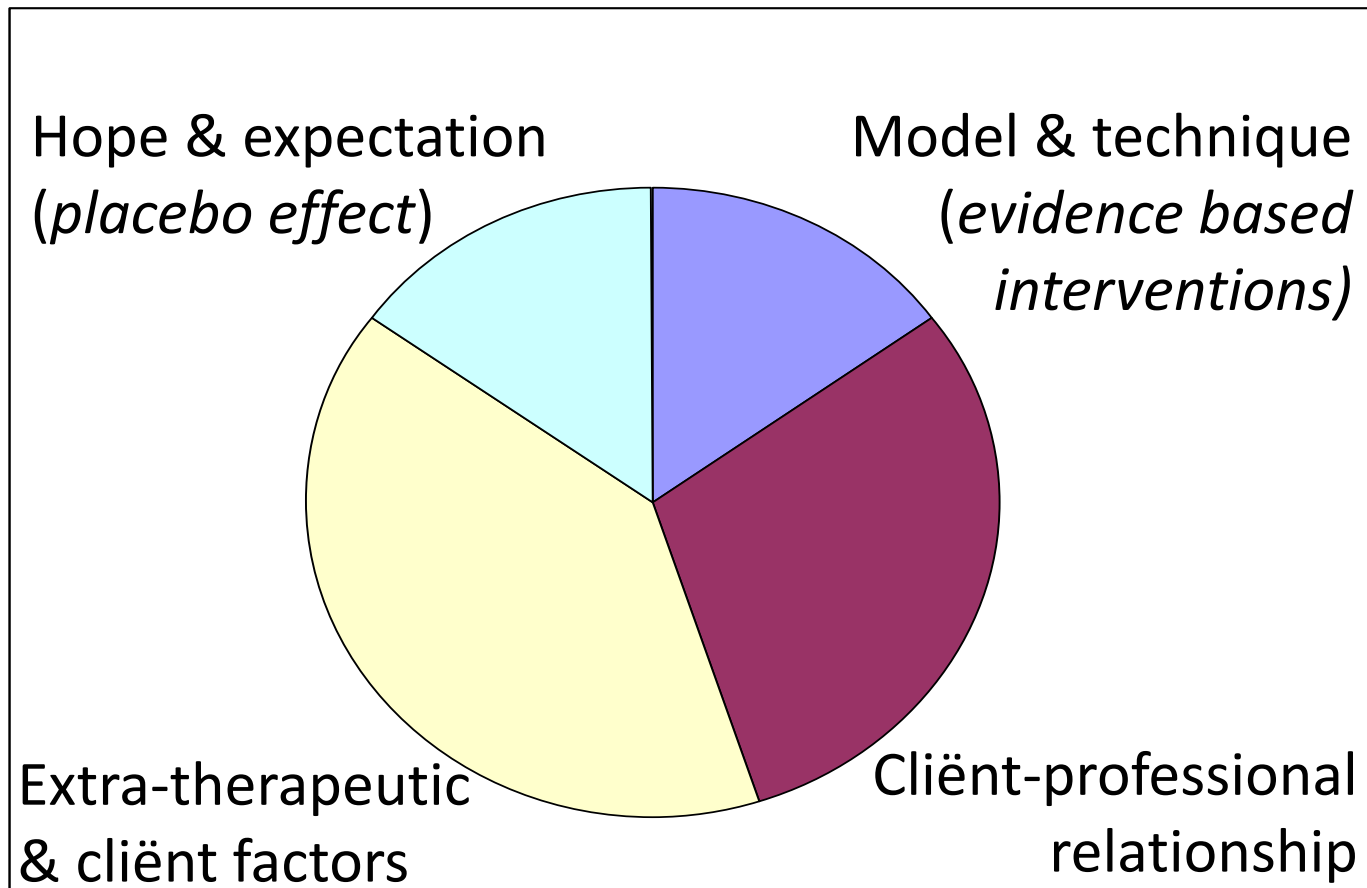


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Alliance

- http://www.youtube.com/watch?v=VKaqw_o80IU
- John Norcross
- <http://www.apa.org/pubs/books/interviews/4317217-duncan.aspx>
- Barry Duncan

Common factors: Assay & Lambert's (in)famous pie



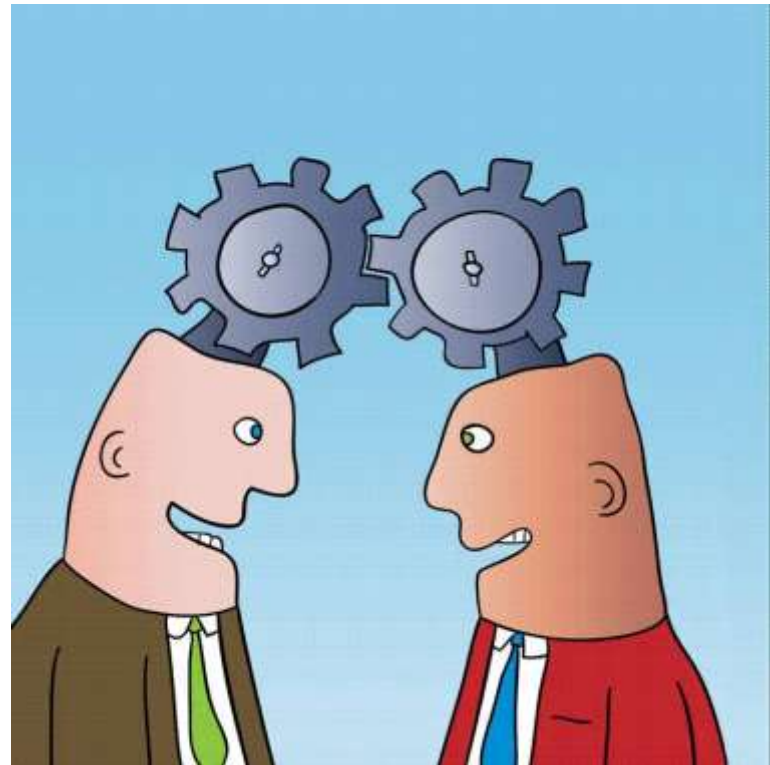
Sources: Assay & Lambert (1999); Lambert (1992); Wampold (2001)

Therapeutic Alliance (Bordin, 1976)

Elements:

- Personal or Emotional alliance ('connection')
- Task alliance (agreement on goal and approach)

Alliance refers to the quality and strength of the collaboration between clients and care professionals



What is Alliance?

“Alliance refers to the quality and strength of the collaborative relationship between client and therapist”

“It is typically measured as agreement on the therapeutic goals, consensus on treatment tasks, and a relationship bond”

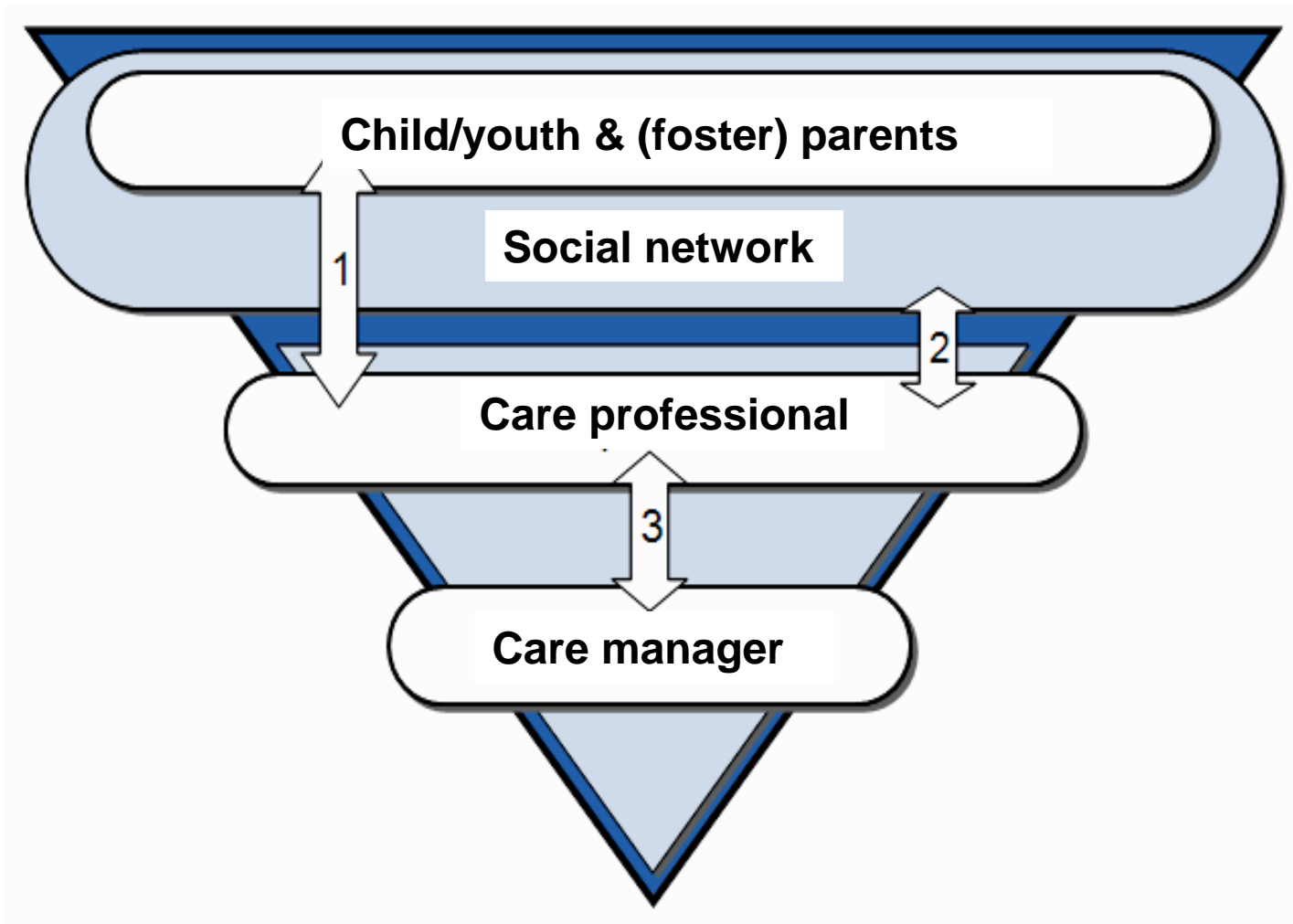
(Bordin, 1976; Horvath & Greenberg, 1994)

Alliance research: findings

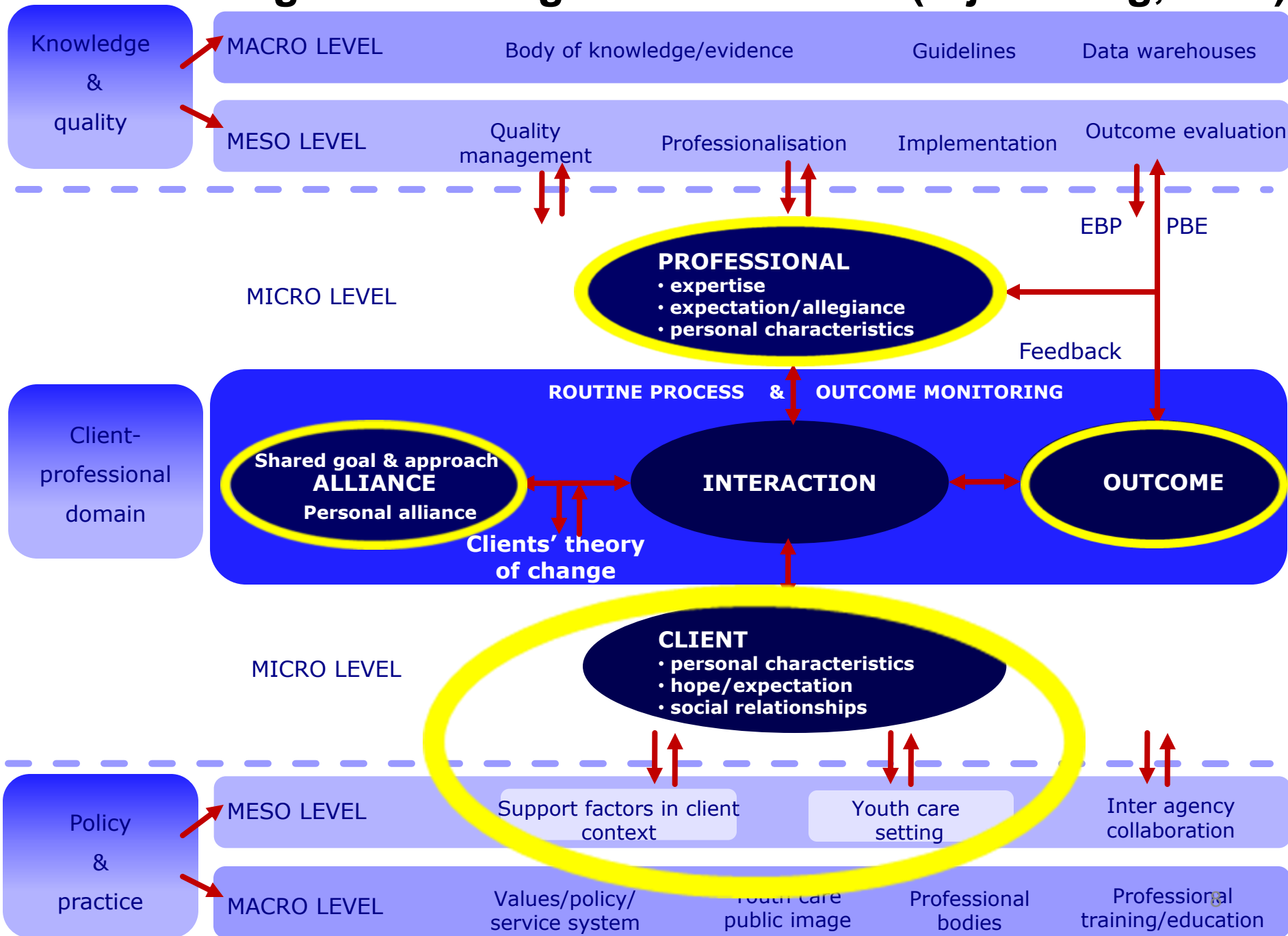
- Alliance develops rapidly, i.e. before results are achieved (special groups (e.g. addicts) excepted)
- More powerful outcome predictor than (e.b.) intervention
- Client' and professional' input required
- Large differences between care professionals

- ? Alliance in youth care (youth/parents; various settings)

Stronger Together: threefold alliance



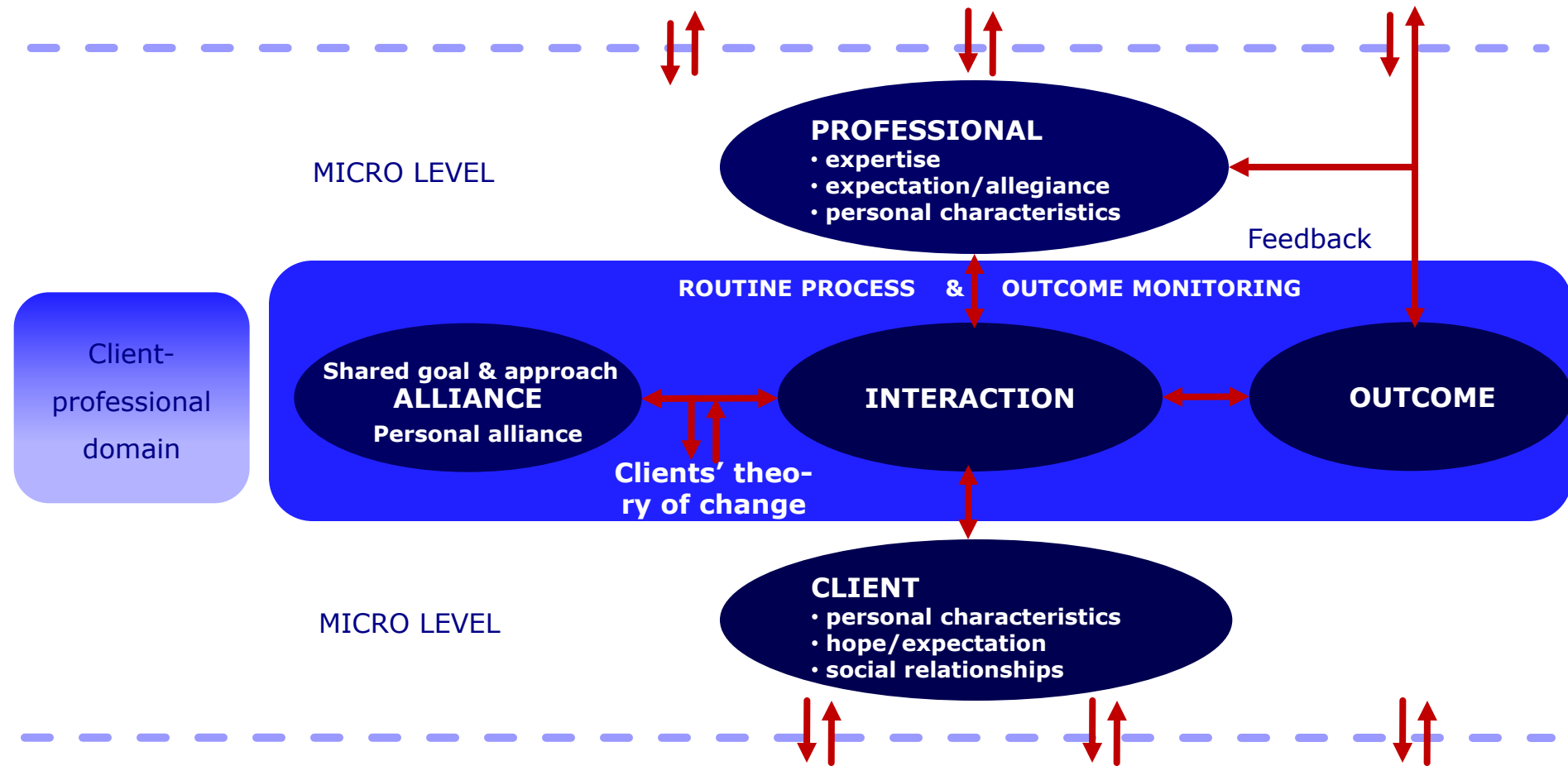
Integrative Change Factors Model (Pijnenburg, 2010)



Micro level: client - professional



INTEGRATIVE CHANGE FACTORS MODEL



Alliance and Social Skill course

- Client; Level of motivation (internal, external)
- Alliance; Quality and strength of the collaboration between clients and care professionals
- Benefit: It is important that the client learns!
- Network; Great influence! School (mentor), parents and friends influence the external motivation. This can be influenced by the therapist.

Clients' expectations of youth care workers

- - Commitment
- - Concerned
- - Evaluate
- - Don't judge
- - Communication
- - Criticism
- - List
- - Professional relationship
- - Feedback
- - Ask questions
- - Share opinion
- - Cooperate
- - Proposals
- - Set goals
- - Social
- - Honesty
- View of the situation
- Provide handles
- Knowledge

Excellence by Scott D Miller

- <http://www.youtube.com/watch?v=UUpYfskTTCI>

Discussion

- How do you build alliance?
- What are your experiences?

Contact information

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Key Factors in Youth Care

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